

COURSE “POST – MILLENNIALS”

Verona, February 2019

PROVISIONAL PROGRAMME

SUNDAY 17th

Course Welcome

Energizers - Team Building Activities

Expectations of the participants-in groups and in the assembly

Contract - Making activity

Introduction - Course outline

Theoretical background (vignettes, short presentation)

- Systemic Theory and practice
- Psychodynamic Theory/Psychoanalytic Principles
- Developmental Psychology
- The Theory of Networks
- The Therapeutic Community principles
- The Theory of Chaos
- The Appreciative Inquiry Approach

Feedback of the 1st day

MONDAY 18th

09:00-13:00 Energizers

Community Exercise: Thoughts/Feelings/Comments on the previous day - Goal setting

Brainstorming activities on

- **The Post-Millennial spirit of the time**
- **The Post- Millennial teacher and its role**
- **The Post-Millennial adolescent and its characteristics**

Presentation - discussion: **The emotional experience of learning and teaching -**

Vignettes /Presentation

13:00-14:00 Lunch Break

14:00-17:00 **Adolescence: Developmental milestones / stages:** Exercises

Presentation: **Biological, Cognitive and Psychosocial elements**

Discussion (in groups and in the assembly): Linkage between general developmental principles and the Post- Millennial zeitgeist

Feedback exercise - Closure of the 2nd day

TUESDAY 19th

09:00-13:00 Energizers

Community Exercise: Thoughts/Feelings/Comments on the previous day - Goal setting

Transgressions

Prevention – Early intervention of drug addiction

Brainstorming activity: What makes youngsters get involved in drugs?

Presentation: The triangle of drug use / The ‘Inverted Bell’

‘Draw an adolescent’: The different stages of addiction

Presentation-Discussion

13:00-14:00 LUNCH BREAK

14:00-17:00

- Stories /vignettes of ‘adolescents involved in drugs’- Participants’ experience
- Systemic view of drug use in adolescence
- Psychodynamic view
- Personality & Biological determinants of drug abuse
- The teacher, the student and drug use: Role play exercise on different ‘voices’
- Presentation/Discussion on guidelines for the teacher

Feedback exercise - Closure of the 3rd day

WEDNESDAY 20th

09:00-11:00 Energizers

Community Exercise: Thoughts/Feelings/Comments on the previous day-Goal setting

Short films and talks on drug abuse

11:00 –13:00

Suicide: prevention and post-vention of self –injuring behaviours

- Between imaginary, ugliness and shame
- Psychodynamic view of suicide attempt in adolescence
- Effective prevention procedures
- What we can do and must not do after the suicide of a student

13:00 –14:00: light lunch

14:00 –17:00: group work and case –study on the topic of today

Feedback - closure of the 4th day

THURSDAY 21st

09:00-11:00 ENERGIZERS

Community Exercise: Thoughts/Feelings/Comments on the previous day-Goal setting

Groups report to the assembly the discussion on the topic developed yesterday.

Discussion among participants

11:00 –13:00

Adolescence and ICTs: between physiology and pathology

- Digital natives
- Use of Internet in adolescence
- Dis-regulation: “overexposed” (cyber-bullying, sexting...)
- ... and “retired” young people (hikkikomori, NEETs)

13:00 –14:00: light lunch

14:00 –17:00: group work on the topic of today

Feedback exercise – Closure of the 5th day

FRIDAY 22nd

09:00-13:00 ENERGIZERS

Community Exercise: Thoughts/Feelings/Comments on the previous day - Goal setting

Risk of drop-out according to a developmental approach

- Learning to think
- Growth and capacity mindset
- Adolescence and the new thoughtful skills
- Blocks and conflicts in acquiring the role of student
- Tom Sawyer, and other prototypes of students in crisis
- The role of the school - the role of the teacher

13:00-14:00 LUNCH BREAK

14:00-17:00

The empowered teacher

Appreciative inquiry exercises

Prevention issues - exercises

The empowered / included student

Presentation - discussion:

Skills and competencies

Points to remember

Feedback-Closure of the 6th day

SATURDAY 23rd

09:00 –10:30: Energizers-Team Building activities

10:30 –13:00

Wrap-up session

- Closure exercises
- Course assessment and evaluation
- Issue of certificates
- Exchange of ideas on how to disseminate the course outcomes